

BEHÇET'S DISEASE CURRENT ACTIVITY FORM 2006

Date: _____ Name: _____ Sex: M/F
Centre: _____ Telephone: _____ Date of birth: _____
Country: _____
Clinician: _____ Address: _____

All scoring depends on the symptoms present over the 4 weeks prior to assessment.
Only clinical features that the clinician feels are due to Behçet's Disease should be scored.

PATIENT'S PERCEPTION OF DISEASE ACTIVITY

(Ask the patient the following question:)

"Thinking about your Behçet's disease only, which of these faces expresses how you have been feeling over the last four weeks? "(Tick one face)



HEADACHE, MOUTH ULCERS, GENITAL ULCERS, SKIN LESIONS, JOINT INVOLVEMENT AND GASTROINTESTINAL SYMPTOMS

Ask the patient the following questions and fill in the related boxes "Over the past 4 weeks have you had?"

(please tick one box per line)

	not at all	Present for up to 4 weeks
Headache	☐	☒
Mouth Ulceration	☐	☒
Genital Ulceration	☐	☒
Erythema	☐	☒
Skin Pustules	☐	☒
Joints - Arthralgia	☐	☒
Joints - Arthritis	☐	☒
Nausea/vomiting/abdominal pain	☐	☒
Diarrhoea+altered/frank blood per rectum	☐	☒

EYE INVOLVEMENT

(Ask questions below)

		(please circle)			
		Right Eye		Left Eye	
"Over the last 4 weeks have you had?"	a red eye	No	Yes	No	Yes
	a painful eye	No	Yes	No	Yes
	blurred or reduced vision	No	Yes	No	Yes

If any of the above is present: "Is this new"?

(circle the correct answer)

No ☒ Yes

NERVOUS SYSTEM INVOLVEMENT (include intracranial vascular disease)

New Symptoms in nervous system and major vessel involvement are defined as those not previously documented or reported by the patient
(Ask questions below)

Over the last 4 weeks have you had any of the following?

blackouts

difficulty with speech

difficulty with hearing

blurring of/double vision

weakness/loss of feeling of face

weakness/loss of feeling of arm

weakness/loss of feeling of leg

memory loss

loss of balance

please circle

No Yes

No Yes

No Yes

No Yes

No Yes

No Yes

No Yes

No Yes

No Yes

tick if new

Is there any evidence of new active nervous system involvement?

No

Yes

MAJOR VESSEL INVOLVEMENT(exclude intracranial vascular disease)

(Ask question below)

"Over the last 4 weeks have you had any of the following?"

had chest pain

had breathlessness

coughed up blood

had pain/swelling/dicolouration of the face

had pain/swelling/dicolouration of the arm

had pain/swelling/dicolouration of the leg

please circle

No Yes

No Yes

No Yes

No Yes

No Yes

No Yes

tick if new

Is there evidence of new active major vessel inflammation?

No

Yes

CLINICIAN'S OVERALL PERCEPTION OF DISEASE ACTIVITY

Tick one face that expresses how you feel the patient's disease has been over the last 4 weeks.



BEHÇET'S DISEASE ACTIVITY INDEX

Add up all the scores which are highlighted in **blue** (front page items, one tick = score of 1 on index, all other items score 'yes' = 1. You should now have a score out of 12 which is the patient's Behçet's Disease Activity Index Score.

SCORE

Patients index score	0	1	2	3	4	5	6	7	8	9	10	11	12
Transformed index score on interval scale	0	3	5	7	8	9	10	11	12	13	15	17	20

Explanation to doctor completing the form;

1. Use your clinical judgment recording only those features you believe are due to Behcet's disease.
2. Please explain to the patient the meaning of the words used, if necessary.
3. If there is pain in a joint (whether or not there is swelling etc) score 'arthralgia'.
4. If there is swelling or inflammation of a joint score 'arthritis'. Thus you can score 'arthralgia' and 'arthritis'.
5. The form concerns the impairments relating to Disease Activity. It is produced by Rasch analysis and is psychometrically robust. It is not measuring the impact of the disease activity.